

## ROUTE 4 MIDDLE COVE

2.6km walk (plus 1.2km return loop)

*This section of the Round Willoughby Walk takes in spectacular views over the tranquil waters of Castle and Crag Coves following the Harold Reid Foreshore Track. Enjoy a picnic at the barbecue facilities in Harold Reid Reserve or at any of the pleasant viewpoints along the way.*

**Allow 50 minutes for the main walk and an additional 40 minutes for the return loop.**

### Nearby Amenities:



Eastern Valley Way near Covelee Cct



Eastern Valley Way , Rembrandt Drive

### WALKING NOTES – MIDDLE COVE LOOP

This walk starts at Eastern Valley Way and Covelee Circuit. Start walking along Covelee Circuit and continue straight on The Lee. At the end of The Lee there is a path between numbers 11 and 12. At the bottom of the steps, go left along Sugarloaf Cr, and after 20 metres, right down the Harold Reid Foreshore Track. This path goes down to Camp Creek and then along the left side of the gully.

*This part of the walk takes you through remnant rainforest.* At the marked junction, steps go off to the left – this is where the return loop rejoins the main track. Continue straight on and follow the path towards North Arm Rd. *There are views across the valley to Castlecrag, and water views of Crag Cove.* At the junction, take the steps down to the right towards the water. Near the water, ignore a faint track off to the right. The track follows Crag Cove (also called South Arm on some maps and signposts), with views over the water, then follows Castle Cove (also called North Arm), with tranquil waters and pleasant rocks for picnic stops. At the marked junction, go straight on – ignoring the left track up the hill – and keep on the path towards North Arm Rd. Near the end of North Arm/Castle Cove, when the mangroves come into sight, take the left fork up the hill – *the right fork goes to a boatshed. Blue Wrens are often seen around here.* Halfway up the hill there is another junction.

If you are continuing to Walk 5, go straight on to North Arm Rd. If you are doing the return loop, turn left up the hill.



### RETURN SECTION TO EASTERN VALLEY WAY

After a few minutes you reach the entrance to Harold Reid Reserve. Turn left along the sealed road. As you pass picnic tables on the left, take the track which goes to the left of the road. This takes you down to a *splendid lookout, with grand views over North Arm across to Innisfallen Castle in Castle Cove, built by Henry Willis in 1905, and to Powder Hulk Bay in front of Seaforth.* There is a large carving of a goanna at the lookout. Continue along the track to reach the sealed road again. *Straight ahead is a picnic area, with car parking, toilets, picnic tables and a barbecue.* Turn left along the road, and after about 350 metres, take the Harold Reid Foreshore Track on the left. At one point this track goes through a narrow cleft in the rock. It joins the section of Harold Reid Foreshore Track near the start of the walk. Turn right, and go along to Sugarloaf Cr. The steps go up on the right between numbers 69 and 71. These lead to The Lee and Covelee Circuit and back to Eastern Valley Way and the start of the walk.