



Northern Sydney Sexual and Gender Diversity Service Referral Guide

In an emergency call 000

Emergency Numbers

Suicide Call Back Service 1300 659 467

Health Direct 1800 022 222

Alcohol and Drug Information Services 1800 422 599

Sexual Assault or DV Counselling 1800 737 732

Lifeline 13 11 14

Beyond Blue 1300 224 636



Download the Guide

General LGBTQIA+ Assistance

Twenty 10 provide advice, support and services for LGBTQIA+ young people 12-25yrs old, their families and communities. 02 8594 9555 hello@twenty10.org.au

QLife is open from 3pm to midnight every day, is free and offers anonymous peer support by phone. 1800 184 527 or [webchat](#)

Transhub is a specific resource for trans and gender diverse people from ACON.

Sydney Transgender and Diversity Counselling is open Monday to Thursday 12pm to 9pm. 0414 101 429

The Gender Centre is for the transgender and gender diverse community. 02 9519 7599 or 02 9569 2366

Intersex Human Rights Australia is a website with information for people with intersex variations.

Health

ACON health promotion with a focus on HIV/AIDS. 02 9206 2000

Sexual Health Infolink is a sexual health referral service, open Monday to Friday 9am to 5pm. 1800 451 624

Clinic16 is the sexual health service for Northern Sydney. 02 9462 9500

Connection

MINUS18 provides advocacy, support, and community connection for LGBTQIA+ youth.

Rainbow Families support, celebrate, empower and advocate for rainbow families.

Lifesavers with Pride represent lifesavers across the whole rainbow community.

Girls on Fire strive for diversity and to empower young women.

PFLAG stands for Parents, Family and Friends of Lesbians and is about keeping families together.

Multicultural

Rainbow Cultures is an online directory of groups and services for culturally and linguistically diverse (CALD) LGBTQIA+ peoples

ConversAsians & SocialisAsians is a peer support group for Asian gay men asia@acon.org.au

FOBGAYS+ community network for family and friends of South Asian LGBTQIA+ peoples

Australia & New Zealand Tongzhi Rainbow Alliance (ANTRA) is a networking platform for Mandarin and Cantonese speaking LGBTQIA+ info@antra.org.au

Sydney Queer Muslims provides social support and education

Trikone Australia is for LGBTQIA+ South Asians living in Sydney.

Education

NSW School Link LGBTQIA+ Resource and Services for infant, child and adolescent mental health

GSA Connect works to make schools safer and more inclusive for all students.

Northern Beaches

GLAM Plus (12-17 years) and **GLAMrUS (18 – 25 years)** is social support groups for young people

Fusion Pride Northern Beaches celebrates LGBTQIA+ community inclusion hello@fusionpride.org

Rainbow Community Northern Beaches is a list of all local LGBTQIA+ community groups

Youth Centres

Northern Beaches Council Youth Resources

North Sydney Planet X Youth Centre 02 9959 5537 or 0407 264 564 contact@planetx.org.au

Ku-ring-gai Youth Services, Gordon and St Ives Youth Hub: 02 9424 0837

Lane Cove Synergy Youth Centre 0432 139 925 youth@lanecove.nsw.gov.au

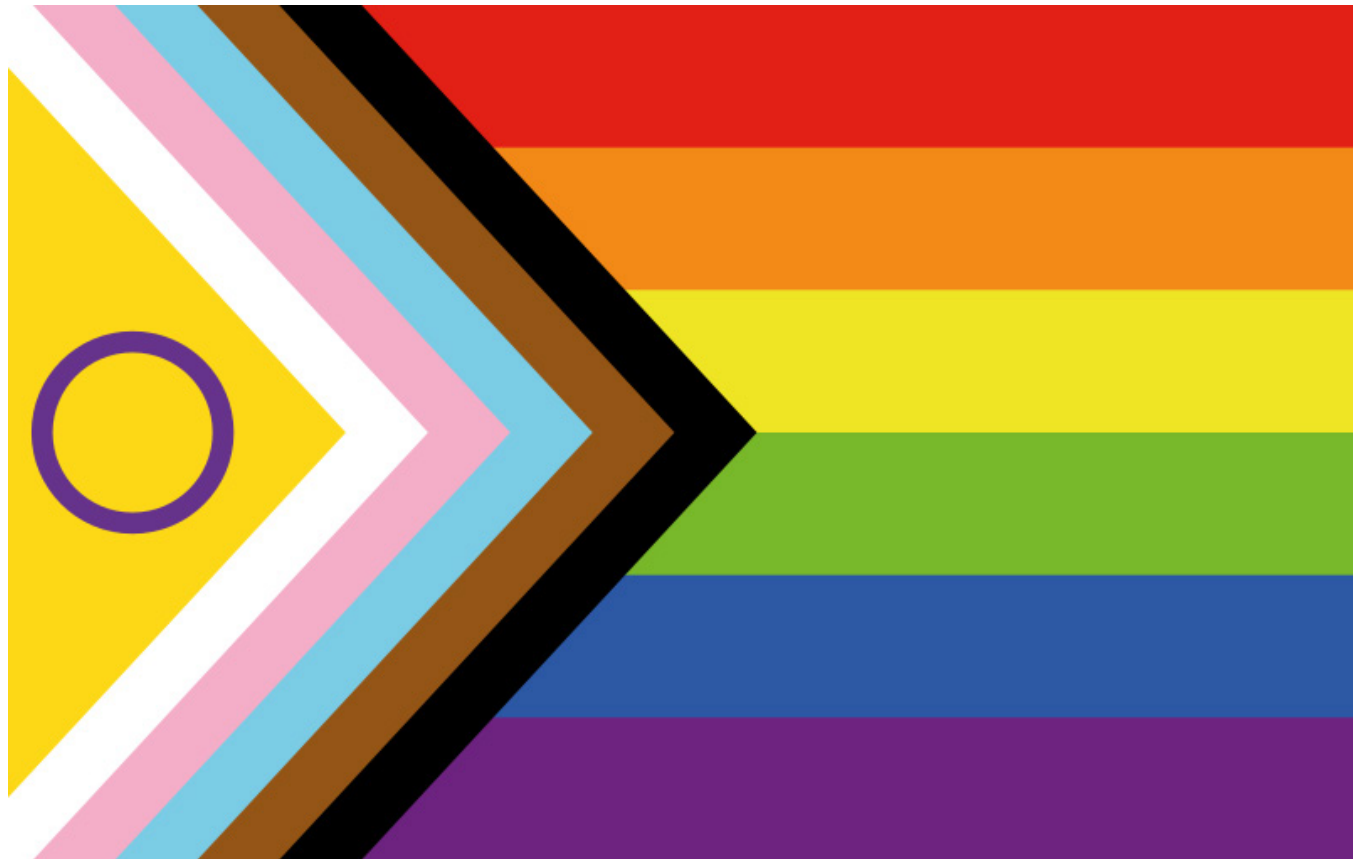
Hornsby Council Youth Resources

Mosman Council Youth Services 30 The Crescent, Mosman 02 9978 4013 youth@mosman.nsw.gov.au

Ryde Youth Resources

Willoughby Youth Services Chatswood Youth Centre, 64 Albert Ave, Chatswood youth@willoughby.nsw.gov.au

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Service Referral Guide



The Sexual and Gender Diversity Webinar was made possible by Northern Beaches Council in collaboration with North Sydney, Lane Cove, Mosman, Ryde, Willoughby, Hornsby and Ku-ring-gai Councils. The intent in this Guide is to provide general information to parents, carers and significant others to seek out support and referrals around young people's sexual and gender diversity. The information about providers and services contained does not constitute endorsement or recommendation by the above Councils.

Published March 2023. If you detect an error or have any comments contact your local Council's youth service.