



WILLOUGHBY
CITY COUNCIL

DOUGHERTY COMMUNITY CENTRE



ISSUE
2024

WHAT'S ON

CLASSES | WORKSHOPS | EVENTS

7 VICTOR STREET, CHATSWOOD 9777 7800





DOUGHERTY COMMUNITY CENTRE

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Acknowledgement of Country

Willoughby City Council acknowledges the Traditional Owners of the lands on which we stand, the Gamaragal people. We pay our respects to their Elders past and present.

INTRODUCTION

The Dougherty Community Centre, Council's largest community centre, is located in the heart of Chatswood. Our Centre includes a number of accessible features. We are surrounded by parking and just a short walk from public transport and Westfield parking.

Available for hire by community and corporate groups. One of the Centre's greatest strengths is its versatility; it can accommodate groups from 2 to 188 people. Rooms are suitable for meetings, seminars and classes, and on-site catering is available.

Also located at the Dougherty Community Centre:

- At Home with Willoughby – Aged Care Services
- Blend Café
- MOSAIC Multicultural Centre

COMMUNITY PROGRAM

We are a flexible, multi-purpose and accessible Centre.

We host activities and classes including healthy lifestyle, spiritual, educational, cultural and hobby groups. You can hire our rooms or kitchen or let us cater for you.

Use our tabbed icons



Volunteering



Children



Continuous Learning



Networking



Worship



Drama



Health & Exercise



Language Classes



Music



Social



Sport



Support Groups





CHILDREN

Tiny Tutus Pre-School Ballet

Mondays

9am – 9.30am (2 – 3½ years)

9.35am – 10.05am (1½ – 2 ½ years)

10.10am – 10.50am (3 – 4 years)

10.55am – 11.30am (3 – 5 years)

Ph: 1300 245 060

hello@tinytutus.com.au

NIDA Drama Classes

Mondays 4.00pm – 7.00pm

Wil.Ridley@nida.edu.au

Ph: 02 9697 7513

Quantum Martial Arts for Children

Tuesdays and Thursdays

4.00pm – 7.30pm

Saturdays 9am – 11am

Ph: 02 8007 4100

info@quantummartialarts.com.au

Kendo

Tuesdays and Wednesdays

5pm – 6pm

Contact – Eric Hong

Ph: 0466 592 462

eric@emilymax.com.au



MUSIC AND DRAMA

Beating Time Choir Rehearsal

Mondays 12.30pm – 2.30pm

Ph: 02 9968 3550

Willoughby UkeStars

Tuesdays 7.00pm – 9.00pm

Ph: 0438 672 732

info@ianportermusic.com.au

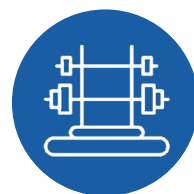


**BUSK – Bonzer Ukulele
Singing Kollektive**
Every 4th Wednesday
7.00pm – 9.30pm
steve@lockwood.com.au

Academy of Improvisation
Various days 6.30pm – 9.00pm
for information and courses:
<https://www.academyimprov.com>

**Bulgarian Rhythms –
Traditional Dance Group**
Wednesdays 7.00pm – 9.00pm
dance@rodinasydney.org.au

Sydney Video Makers Club
Every 2nd and 4th Wednesday
7.00pm – 10.00pm
Ph: 0412 649 401



HEALTH AND EXERCISE

Tai Chi Society
Mondays 6.15pm – 7.15pm
Ph: 9954 7266
info@taichisociety.net

Japan Club of Sydney – Dancing
Tuesdays 11.00am – 12.30pm
Ph: 0422 349 639
jcshulaaloha@gmail.com

**Kadampa Meditation
and Buddhism drop in class**
Tuesdays 7.00pm – 9.00pm
Ph: 9699 9902
info@meditateinsydney.org

HEALTH AND EXERCISE, LANGUAGE CLASSES

COMMUNITY PROGRAM

**Vintage Fitness and Health
Older Adult Functional Strength**
Mondays 10.00am – 10.45am
Fridays 12.00pm – 12.45pm
Ph: 0403 822 512
andrew@vintagefitnessandhealth.com

Balance and Gentle Exercise
Mondays 11.00am – 11.45am
Fridays 1.00pm – 1.45pm
Ph: 0403 822 512
andrew@vintagefitnessandhealth.com

Janet Statham Yoga
Wednesdays 10.00am – 11.00am
Ph: 9817 3937

**Older Women’s Network– Northside
Wellness Activities Centre**
Wednesdays 10.00am – 2.00pm
10.00am – Feldenkrais (women only)
11.15am – Information/Social
1.00pm – Qi Gong
Ph: 9415 2474
arbray.email@gmail.com



LANGUAGE CLASSES

Alliance Francaise de Sydney
Saturdays 8.30am – 1.30pm
Ph: 9744 0167
www.afsydney.com.au

MOSAIC Language Programs
Various days and levels

- **Community Language Program**
- **English Learning Program**

[www.willoughby.nsw.gov.au/
Community/Multicultural-services/
MOSAIC-Multicultural-Centre](http://www.willoughby.nsw.gov.au/Community/Multicultural-services/MOSAIC-Multicultural-Centre)
Ph: 9777 7952
mosaic@willoughby.nsw.gov.au

COMMUNITY PROGRAM



BUSINESS NETWORKING AND COMMUNICATION

Building Business Group

Alternate Thursdays 6.45am – 8.30am

<https://buildingbusinessgroup.com.au/upcoming-events/>

Chatswood Early Risers Toastmasters

Tuesdays 7.00am – 8.30am

vpm@earlyrisers.org.au

Chatswood Speaking & Leadership Club

6.00pm – 8.00pm, Wednesdays

chatswoodspeakersleadership@gmail.com



SOCIAL GROUPS

Willoughby Senior Citizens

Tuesdays 9.00am – 1.00pm

Ph: 9777 7824

(Bus available for pickup and return for residents of Willoughby LGA)

AHWW@willoughby.nsw.gov.au

Wednesday Social Activity Group

10.00am – 3.00pm, Wednesdays

Ph: 9777 7526

(Bus available for pickup and return)

AHWW@willoughby.nsw.gov.au

Social Circle Movie of the Week

1.00pm – 3.00pm, Thursdays

Ph: 9777 7824

AHWW@willoughby.nsw.gov.au

DCC Knitting Group

12.00pm – 2.00pm, Thursdays

Ph: 9419 3447



Social Lunch Club

2nd and 4th Wednesday

12:30pm – 2.00pm

Ph: 9777 7830 for more information and to book.

Australian Chinese

Community Association

Ming Shi Dementia Respite Day Care

Tuesdays 9.00am – 3.00pm

Ph: 9412 3488

info@acca.org.au

Northern Sydney Aged Day Care Centre (Mandarin)

Mondays 10.30am – 12.30pm

Fridays 9.45am – 2.45pm

Ph: 9412 3488

info@acca.org.au



CONTINUOUS LEARNING

University of the Third Age

Region: Harbourside North

<https://sydneyu3a.org/> for course information and registration

Ph: 0412 043 377

hsn.u3asydney@gmail.com

St John Ambulance First Aid

1st and 3rd Wednesday

6.30pm – 8.00pm

craig.mckay@stjohnnsw.com.au

Digital Literacy for Older Adults

Basic technology sessions for your smartphone, tablet, laptop or PC, available in English, Mandarin, Cantonese, Persian for older adults. Our volunteers provide four free one-on-one 40 minute sessions to learn the basics.

Bookings essential.

Ph: 9777 7800

COMMUNITY PROGRAM



SUPPORT GROUPS

WayAhead Mental Health Association NSW Anxiety Disorder Support Group

1st Wednesday of the month

7.00pm – 8.30pm

Ph: 02 9339 6013

AA Group – Daily Reflections

Thursdays 7.00pm – 9.00pm

Chatswood AA Group

Fridays 7.15pm – 10.15pm

AA Meeting

Sundays 8.30am – 9.30pm

Adult Children of Alcoholics

Saturdays 12.00pm – 1.30pm

Narcotics Anonymous

Wednesdays 6.30pm – 8.30pm

Parkinsons Support Group

Last Thursday of the month

2.30pm – 4.00pm

chatswoodparkinsons@gmail.com

Hoarding Support Group

Last Wednesday of the month

1.00pm – 3.00pm

ejbrown@netspace.net.au



WORSHIP SERVICES

The Baha'is of Willoughby

Various days 7.00pm – 11.00pm

willoughby@nsw.bahai.org.au

Jummah Prayer

12.30pm – 2.30pm, Fridays

www.amca-sydney.com

1503 Mission Church Service

Sundays 9.30am – 12.30pm

1503.venue@gmail.com

Ecclesia Mission

Sundays 2.00pm – 5.00pm

ecclesiamission.ns@gmail.com

Good Seed Church

Fridays 7.30pm – Praise Service

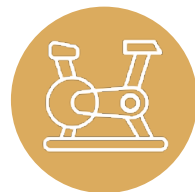
Sundays 11.00am – Sunday Service

<https://goodseedchurch.org.au>



SPORTS
PROGRAMS
SUPPORT &
SOCIAL GROUPS

CHATSWOOD YOUTH CENTRE



SPORTS PROGRAMS

**Kempo Ryu International
Karate Organisation**

Saturdays 9.30am – 11.30am

Thursdays 6.30pm – 8.00pm

02 9831 7549

mylonas@kemporyu.com

**Sydney Basketball Club
(Coaching)**

Saturdays 9.30am – 12.30pm

Ph: 0421823907

Sydneybbhi5@gmail.com

**NewBee Sports
Basketball Coaching**

Saturdays 2.00pm – 5.00pm

Ph: 0403 679 957

newbeesports@hotmail.com

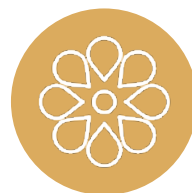


SUPPORT GROUPS

Family Drug Support

Every second Wednesday 6.15pm – 8.15pm

www.fds.org.au



SOCIAL GROUPS

Sydney Community Services Social Club

Tuesdays 5.30pm – 8.00pm

gstarkey@sydneycs.org

**Australian Chinese Community Association
Respite Day Care –Cantonese**

Fridays 10.00am – 2.00pm

Ph: 9412 3488 | info@acca.org.au

**Chinese Australian Services Society (CASS)
Chatswood Activity Group**

Mondays 10.00am – 1.30pm

Ph: 02 9789 4587 | info@casscare.org.au



Blend Café

**OPEN
MONDAY TO FRIDAY
8.30AM TO 3.00PM.**

Come and enjoy a fresh delicious range of food and great coffee at the centrally located, easily accessible Blend Café, 7 Victor Street, Chatswood. Offering indoor and outdoor dining.

Catering for your onsite event or function available, from breakfast meetings, working lunches, morning and afternoon teas to gourmet finger food for special events. Contact our team to discuss your events needs and budget.

**Table bookings: 9777 7820
Foodccc@willoughby.nsw.gov.au**

SOCIAL SUPPORT
SERVICES

AT HOME WITH WILLOUGHBY AGED CARE SERVICES



Located at the Dougherty Community Centre At Home with Willoughby – Aged Care Services provide a range of entry level aged care services to keep you at home and independent for as long as possible.

At Home with Willoughby provides the following services:

- Social Groups
- Outing Bus Trips
- Shopping Services
- Out & About Transport Service
- Meals on Wheels
- Linen Service

www.willoughby.nsw.gov.au/Community/Community-services/Older-Adults/At-Home-with-Willoughby

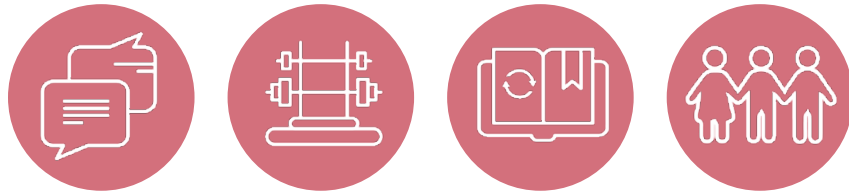
Ph: 9777 7824

ahwww@willoughby.nsw.gov.au



ABOUT

MOSAIC MULTICULTURAL CENTRE



MOSAIC Multicultural Centre runs a range of activities, classes and programs for Willoughby residents, including:

- English learning program
- Community language and culture programs
- Leisure activities
- Community social groups
- School holiday program for children
- Cultural activities and events for community celebrations

These programs are designed to bring our residents together, provide support and promote the sharing of different cultures and interests.

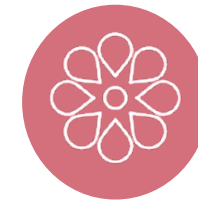
For more program information or to register, please visit
www.willoughby.nsw.gov.au/Community/Multicultural-services/MOSAIC-Multicultural-Centre

Ph: 9777 7952

mosaic@willoughby.nsw.gov.au



MOSAIC SOCIAL GROUPS



SOCIAL GROUPS

Malaysian Singaporean

First and third Monday each month
11.15am – 12.45pm

Line dancing, cooking, singing and information talks

Sangam-Indian

Third Monday each month
7.30pm – 9.30pm

Cultural celebrations, cooking and information talks

Italian

Tuesdays 9.30am – 1.30pm

Tai chi, dancing, cooking and information talks

Chinese

Tuesdays 2.00pm – 4.30pm

Tai chi, dancing, cooking and information talks

Korean

Wednesdays (except third Wednesday)
9.30am – 2.15pm

Yoga, line dancing, choir cooking and information talks

Japanese

Wednesdays 2.30pm – 4.30pm
Tai Chi

Chinese Seniors

Thursdays 9.30am – 12.30pm
Tai chi, karaoke, games, cooking and information talks

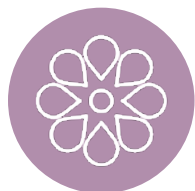
Iranian

First Thursday of each month
10.00am – 11.30am Dancing, cooking and information talks

Taiwanese

Thursdays 12.45pm – 2.45pm
Dancing, cooking and information talks

SPECIAL EVENTS



SPECIAL EVENTS

Dance to the Nines

5.30pm – 8.30pm

Friday, 15 March 2024

Friday, 21 June 2024

Friday, 6 September 2024

Friday, 6 December 2024

An accessible evening for people over 18 with disability including your family and friends held quarterly. Light refreshments provided with live band Evergreen Music.

Go to our People with Disability webpage for details and to register for event:

<https://www.willoughby.nsw.gov.au/Community/Community-services/People-with-Disability>



VOLUNTEERING

Thinking about volunteering?

This is your opportunity to meet people, assist others to live safely and happily, in our community and experience some of the things that we all take for granted. Volunteers are the life blood of our At Home with Willoughby services and MOSAIC multicultural activities. Without volunteers, we would not be able to reach as many residents. Volunteering is beneficial for you and for our community.

We need you!

If you, or someone you know, are interested in volunteering, please visit www.willoughby.nsw.gov.au or call for further information:

At Home with Willoughby

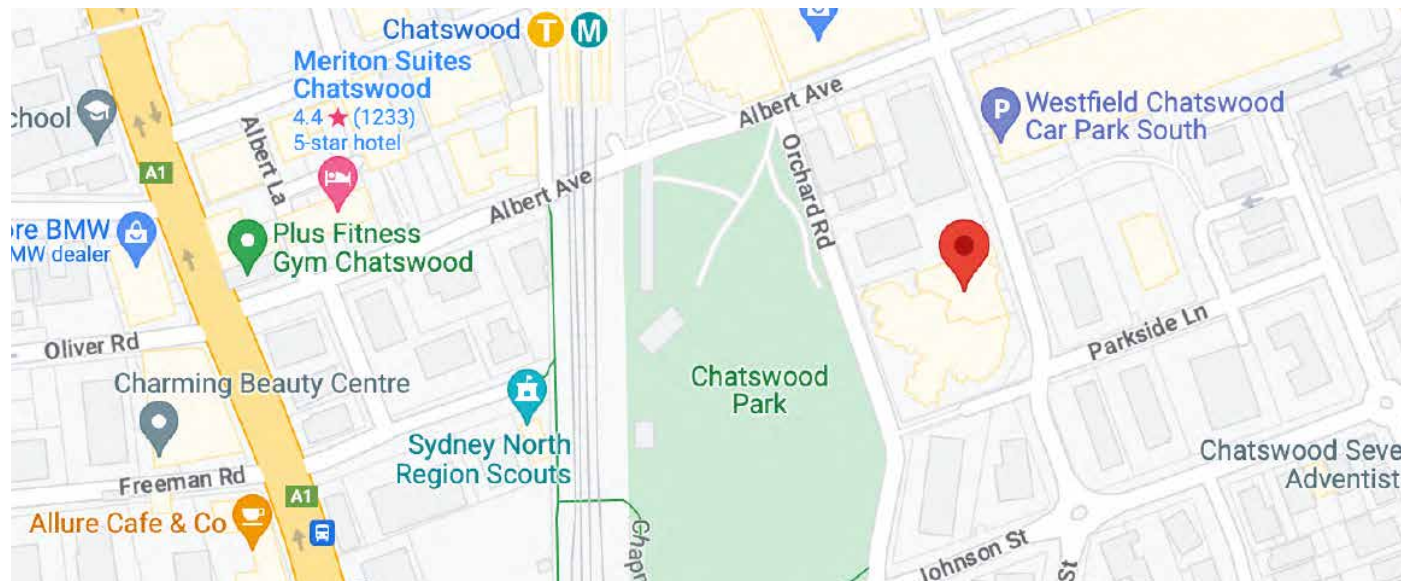
Ph: 9777 7826

MOSAIC Multicultural Services

Ph: 9777 7952



GETTING HERE



7 VICTOR STREET, CHATSWOOD 2067

Public Transport and Parking

Our Centre is located within a 5-minute walk from the Chatswood Interchange via Chatswood Mall turning right into Victor Street.

As there is limited and restricted parking available in the council open air car park next door, visitors may choose to use the Westfield car park across the road (2 hours free parking) or download the Westfield Plus app to register your vehicle for up to 3 hours free parking.

TIS (Translation and Information Service)

If you need to speak to us in your home language, call the Translation and Interpreting Service on 131 450 and ask to contact Dougherty Community Centre on 9777 7800. It's free.

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